

Over 55 Cycling Club – COVID 19 Rider Register



Date	Group (eg E1, E2...L5):
Start Location:	Coffee Stop/ Destination:

Rider Name
1 LEADER
2
3
4
5
9
7
8
9
10

1. Strictly NO MORE than 10 riders in any group, including the leader.
2. Strictly NO MORE than 20 people to gather together at any time including starts and finishes
3. Maintain a distance of at least 1.5 meters from others at all times.
4. Set a good example for other members of the community.

Please hand the completed form to the Ride Captain OR photograph or scan the form and send by email to: ridecaptain@o55perth.bike and amlang@iinet.net.au.

Ride Statistics

Distance	Average Speed	No. of Accidents	No. of Riders Fallen	Comments

Note: an accident report must be filled out for any accidents.